|  |  |  |  |
| --- | --- | --- | --- |
| DENUMIREPRODUS | DECLARATIE NUTRITIONALA | GRAMAJE | ALERGENI |
| Valoare energetica | Grasimi | Glucide | FIBREg | PROTEINEg | SAREg | 1CEREALE | 2CRUSTACEE | 3OUA  | 4PESTE | 5ARAHIDE | 6SOIA | 7LAPTE | 8NUCI | 9TELINA | 10MUSTAR | 11SUSAN | 12SULFITI | 13LUPIN | 14MOLUSTE |
| KJ | KCAL | GRASIMIg | Din care: | GLUCIDEg | Din care: |
| Acizi grasi saturati g | Za har g |
| PIZZA | Dupa coacere (valori pentru 100g) | 24 | 30 | 45 | 60/40 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Marghe Napoletana | 903.32 | 215.9 | 9.65 | 4.13 | 22.36 | 1.92 | 0 | 9.47 | 1.45 | 300 | - | - | - | X |  |  |  |  |  | X |  |  |  |  |  |  |  |
| Bambini | 846.24 | 2O2.26 | 8.84 | 3.77 | 20.08 | 1.85 | 0 | 10.11 | 1.57 | 340 | - | - | - | X |  |  |  |  |  | X |  | X |  |  |  |  |  |
| Amalfi | 900.51 | 215.23 | 9.84 | 4.04 | 21.54 | 2.19 | 0 | 10.24 | 1.65 | 340 | - | - | - | X |  |  |  |  |  | X |  |  |  |  |  |  |  |
| Abruzzi | 1068.5 | 255.38 | 13.02 | 5.52 | 22.34 | 0.97 | 0 | 11.77 | 1.53 | 300 | - | - | - | X |  |  |  |  |  | X |  |  |  |  |  |  |  |
| Calabria | 875.46 | 209.24 | 9.1 | 3.46 | 18.89 | 1.39 | 0 | 12.23 | 0.99 | 380 | - | - | - | X |  |  |  |  |  | X |  |  |  |  |  |  |  |
| Marinara | 815.1 | 194.81 | 5.76 | 0.91 | 29.47 | 1.97 | 0 | 5.95 | 1.79 | 250 | - | - | - | X |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Napoli | 635.98 | 152 | 4.39 | 0.72 | 23.02 | 1.76 | 0 | 4.69 | 1.2 | 330 | - | - | - | X |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Nerano | 862.6 | 206.17 | 9.59 | 4.44 | 19.66 | 0.85 | 0 | 10.07 | 1.13 | 380 | - | - | - | X |  |  |  |  |  | X |  |  |  |  |  |  |  |
| Piemontese. | 1071.92 | 256.2 | 13.61 | 5.85 | 21.59 | 1.97 | 0 | 11.79 | 1.46 | 350 | - | - | - | X |  |  |  | X |  | X |  |  |  |  |  |  |  |
| Sorrento | 1017.72 | 243.24 | 12.76 | 4.3 | 22.7 | 1.41 | 0 | 10.75 | 1.39 | 380 | - | - | - | X |  |  | X |  |  | X |  |  |  | X |  |  |  |
| Margherita | 901.97 | 215.58 | 9.76 | 4.92 | 20.85 | 1.95 | 0 | 10.59 | 1.44 | - | 350 | 700 | 1700 | X |  |  |  |  |  | X |  |  |  |  |  |  |  |
| Charlie | 748.09 | 178.8 | 15.65 | 3.45 | 13.62 | 1.58 | 0 | 10.53 | 1.3 | - | 650 | 1300 | 2850 | X |  | X |  |  |  | X |  | X | X |  |  |  |  |
| Paesana | 841.16 | 201.04 | 33.33 | 4.37 | 13.81 | 1.45 | 0 | 12.07 | 1.36 | - | 500 | 1000 | 2100 | X |  | X |  |  |  | X |  | X | X |  |  |  |  |
| Boscaiola | 882.46 | 210.91 | 23.08 | 4.37 | 15.26 | 1.26 | 0 | 13.29 | 1.1 | - | 500 | 1000 | 2000 | X |  |  |  |  |  | X |  | X |  |  |  |  |  |
| Prosciutto e funghi | 730.02 | 174.48 | 7.58 | 3.77 | 16.31 | 1.87 | 0 | 10 | 1.37 | - | 470 | 940 | 1900 | X |  |  |  |  |  | X |  | X |  |  |  |  |  |
| Romana | 844.45 | 201.83 | 10.3 | 4.14 | 16.92 | 1.87 | 0 | 10.17 | 1.37 | - | 470 | 940 | 1900 | X |  |  |  |  |  | X |  |  | X |  |  |  |  |
| BBQ pizza\* | 842.3 | 201.32 | 31.98 | 4.03 | 19.12 | 2.95 | 0 | 10.23 | 1.32 | - | 500 | 1000 | 2000 | X |  |  |  |  |  | X |  | X |  |  | X |  |  |
| Rustica | 779.57 | 186.32 | 20.86 | 4.14 | 14.54 | 1.71 | 0 | 10.94 | 1.45 | - | 550 | 1100 | 2200 | X |  |  |  |  |  | X |  | X |  |  |  |  |  |
| Olivera | 1030.01 | 246.18 | 13.29 | 6.86 | 18.99 | 1.12 | 0 | 11.95 | 1.63 | - | 450 | 900 | - | X |  |  |  |  |  | X | X |  |  | X | X |  |  |
| Patate e Salsiccia\* | 904.73 | 216.23 | 22.53 | 4.02 | 18.86 | 0.96 | 0 | 12.9 | 1 | - | 500 | 1000 | 2000 | X |  |  |  |  |  | X |  | X |  |  |  |  |  |
| Quatro Carni | 881.97 | 210.8 | 23.75 | 4.64 | 14.84 | 1.58 | 0 | 12.71 | 1.72 | - | 500 | 1000 | 2100 | X |  | X |  |  |  | X |  | X | X |  |  |  |  |
| Quatro Formaggi | 1015.33 | 242.67 | 13.13 | 7.57 | 17.16 | 1.64 | 0 | 13.68 | 1.43 | - | 450 | 900 | 1900 | X |  | X |  |  |  | X |  |  |  |  |  |  |  |
| Quatro Stagioni | 799.17 | 191.01 | 9.19 | 3.86 | 15.67 | 1.71 | 0 | 11.08 | 1.41 | - | 500 | 1000 | 2100 | X |  |  | X |  |  | X |  | X | X |  | X |  |  |
| Diavollo | 994.01 | 237.57 | 13.41 | 6.08 | 16.86 | 1.96 | 0 | 12.05 | 1.73 | - | 450 | 900 | 2000 | X |  |  |  |  |  | X |  |  |  |  |  |  |  |
| Deliciosa | 777.7 | 185.87 | 16.59 | 3.88 | 15.02 | 1.78 | 0 | 10.62 | 1.46 | - | 550 | 1100 | 2300 | X |  |  |  |  |  | X |  | X | X |  |  |  |  |
| Capriciosa | 691.44 | 165.26 | 7.23 | 3.52 | 15.61 | 1.74 | 0 | 9.18 | 1.33 | - | 500 | 1000 | 2100 | X |  |  |  |  |  | X |  | X |  |  | X |  |  |
| Tonno | 809.78 | 193.54 | 9.13 | 3.77 | 15.29 | 1.56 | 0 | 12.06 | 1.31 | - | 500 | 1000 | 2100 | X |  |  | X |  |  | X |  |  |  |  |  |  |  |
| Calzone | 761.61 | 182.03 | 8.97 | 3.46 | 14.85 | 1.69 | 0 | 10.25 | 1.28 | - | 550 | - | - | X |  | X |  |  |  | X |  | X | X |  |  |  |  |
| Prosciutto | 805.03 | 192.41 | 8.41 | 4.2 | 17.45 | 1.8 | 0 | 11.23 | 1.59 | - | 420 | 840 | 1800 | X |  |  |  |  |  | X |  | X |  |  |  |  |  |
| Pollo | 730.43 | 174.58 | 7.36 | 3.37 | 15.59 | 1.78 | 0 | 11.19 | 1.94 | - | 550 | 1100 | 2350 | X |  |  |  |  |  | X |  |  |  |  |  |  |  |
| Dala Casa | 638.05 | 152.5 | 7.11 | 3.29 | 13.32 | 1.66 | 0 | 8.68 | 1.22 | - | 650 | 1300 | 2800 | X |  | X |  |  |  | X |  | X | X |  |  |  |  |
| Salami | 1034.44 | 247.24 | 13.96 | 4.82 | 17.53 | 1.71 | 0 | 12.42 | 1.75 | - | 420 | 840 | 1800 | X |  |  |  |  |  | X |  |  | X |  |  |  |  |
| Taraneasca | 733.91 | 175.41 | 21.3 | 3.46 | 13.68 | 1.62 | 0 | 11.02 | 1.07 | - | 600 | 1200 | 2500 | X |  |  |  |  |  | X |  | X |  |  |  |  |  |
| Vegetariana | 599.64 | 143.32 | 6.41 | 2.95 | 14.4 | 1.87 | 0 | 6.77 | 1.05 | - | 550 | 1100 | 2300 | X |  |  |  |  |  | X |  | X |  |  | X |  |  |
| Verdure\* | 549.64 | 131.37 | 4.31 | 0.68 | 18.98 | 1.56 | 0 | 4.06 | 0.89 | - | 400 | 800 | - | X |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Freda Caprese | 680.69 | 162.69 | 9.87 | 4.17 | 11.42 | 1.97 | 0 | 7.11 | 0.77 | - | 750 | 1500 | - | X |  | X |  |  |  | X |  |  |  |  |  |  |  |
| Freda di Parma | 658.88 | 157.48 | 6.1 | 1.97 | 17.22 | 1.9 | 0 | 8.45 | 1.53 | - | 350 | 700 | - | X |  | X |  |  |  | X |  |  |  |  |  |  |  |
| Freda Tonno | 625.87 | 149.59 | 8.03 | 1.74 | 12.42 | 1.88 | 0 | 6.78 | 0.91 | - | 800 | 1600 | - | X |  | X | X |  |  | X |  |  | X |  |  |  |  |
| Estravaganzza | 1168.68 | 279.32 | 16.41 | 7.7 | 19.53 | 1.93 | 0 | 14.43 | 1.29 | - | 450 | 900 |  - | X |  | X |  |  |  | X | X |  |  |  |  |  |  |
| Freda Salmone\* | 845,08 | 201.98 | 12.57 | 3.52 | 15.72 | 1.67 | 0 | 7.71 | 1.32 | - | 600 | 1200 | - | X |  | X | X |  |  | X |  |  | X |  |  |  |  |
| Freda Rose | 692.73 | 165.57 | 10.15 | 2.3 | 12.48 | 2.27 | 0 | 6.03 | 1.1 | - | 850 | 1700 | - | X | X | X | X |  |  | X |  |  | X |  | X |  |  |
| Speciale | 1130.56 | 270.21 | 14.2 | 7.66 | 20.06 | 1.17 | 0 | 15.2 | 1.69 | - | 650 | 1300 | - | X |  | X |  |  |  | X | X |  |  |  |  |  |  |
| Eccelenza | 1017.78 | 243.25 | 14.78 | 7.16 | 15.03 | 0.91 | 0 | 12.46 | 1.32 | - | 800 | - | - | X |  |  |  |  |  | X |  | X |  |  |  |  |  |
| Magica | 640.25 | 153.02 | 7.88 | 1 | 16.05 | 1.49 | 0 | 5.59 | 0.74 | - | 650 | 1300 | - | X |  | X |  |  |  | X |  |  |  |  |  |  |  |
| Celebra | 1067.79 | 255.21 | 12.83 | 6.94 | 19.7 | 1.95 | 0 | 14.67 | 1.78 | - | 450 | 900 | - | X |  |  |  |  |  | X | X |  |  | X | X |  |  |
| Festiva | 936.44 | 223.82 | 12.51 | 5.92 | 17.1 | 1.37 | 0 | 10.66 | 1.04 | - | 500 | 1000 | - | X |  |  |  |  |  | X | X |  |  |  |  |  |  |
| Mareea | 891.7 | 213.12 | 9.96 | 4.22 | 19.35 | 1.45 | 0 | 11.51 | 1.69 | - | 500 | 1000 | - | X | X |  | X | X |  | X |  | X |  |  | X |  | X |
| Ortolana | 391.36 | 93.54 | 2.74 | 0.42 | 14.25 | 1.94 | 0 | 3.22 | 0.75 | - | 650 | 1300 | - | X |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Primavera | 664.12 | 158.73 | 7.97 | 4 | 13.46 | 1.88 | 0 | 8.08 | 1 | - | 550 | 1100 | - | X |  |  |  |  |  | X |  |  |  |  |  |  |  |
| TOPINGURI |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Sos rosii natural dulce | 375.71 | 89.8 | 7.1 | 0.33 | 5.43 | 4.6 | 0 | 1.4 | 1.3 | 80 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Sos rosii natural picant | 416.66 | 99.58 | 7.45 | 0.43 | 6.25 | 4.45 | 0 | 1.77 | 1.25 | 80 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Ulei masline extra iute | 3033.7 | 725.07 | 77.6 | 0.33 | 4.03 | 0.07 | 0 | 1.4 | 0 | 30 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Sos usturoi-maioneza | 1829.88 | 437.35 | 41.73 | 4.82 | 14.18 | 6.02 | 0 | 1.71 | 1.18 | 50 |  |  | X |  |  |  |  |  |  | X |  |  |  |  |
| Sos smantana-ust | 953.71 | 227.94 | 19.76 | 11.8 | 10.33 | 3.51 | 0 | 3.27 | 0.06 | 50 |  |  |  |  |  |  | X |  |  |  |  |  |  |  |
| Sos tzatziki | 371.12 | 88.7 | 5.18 | 3.04 | 7.62 | 0.92 | 0 | 3.92 | 2 | 50 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Maioneza picante | 1783.2 | 426.2 | 41.9 | 4.84 | 10.33 | 7.06 | 0 | 0.86 | 1.45 | 50 |  |  | X |  |  |  |  |  |  | X |  |  |  |  |
| Sos BBQ | 493.72 | 118 | 0.5 | 0.1 | 28 | 22 | 0 | 0.5 | 1.8 | 50 |  |  |  |  |  |  |  |  |  |  |  | X |  |  |
| Jalapeno in ulei iute | 1847 | 441.44 | 46.6 | 0.2 | 3.74 | 1.2 | 0 | 1.12 | 2 | 50 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Sos sweet chilli | 669.44 | 160 | 0.1 | 0.1 | 38.1 | 34.8 | 0 | 0.4 | 3.14 | 50 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| PASTE |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Spaghetti Bolognese | 673.6 | 161 | 8.2 | 2.67 | 14.21 | 1.91 | 0 | 6.54 | 1.11 | 550 | X |  | X |  |  | X | X |  | X | X |  |  |  |  |
| Aglio olio pepperoncini | 1243.24 | 297.14 | 17.51 | 0.22 | 28.75 | 1.52 | 0 | 5.26 | 2.19 | 250 | X |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Pasta Rosa | 835.64 | 199.72 | 11.33 | 3.83 | 17.4 | 2.05 | 0 | 6.58 | 0.36 | 450 | X |  | X |  | X | X | X |  | X |  |  |  |  |  |
| Burro e parmigiano | 992.12 | 237.12 | 8.23 | 4.83 | 26.16 | 1.29 | 0 | 14.54 | 2.6 | 270 | x |  |  |  |  |  | x |  |  |  |  |  |  |  |
| Burro e alici | 756.79 | 180.88 | 2.41 | 0.48 | 28.39 | 1.49 | 0 | 10.28 | 5.24 | 250 | X |  |  | X |  |  |  |  |  |  |  |  |  |  |
| Caccio e pepe | 961.9 | 229.9 | 5.53 | 2.56 | 26.34 | 1.59 | 0 | 8.32 | 0.65 | 270 | X |  |  |  |  |  | X |  |  | X | X |  |  |  |
| Linguine con pesto Genovesse | 1127.83 | 269.56 | 15.42 | 2.56 | 25.52 | 2.16 | 0 | 6.28 | 0.81 | 300 | X |  | X |  |  |  | X | X |  |  |  |  |  |  |
| Linguine con crema di pomodorini SM | 403.06 | 96.33 | 2.26 | 1.08 | 15.41 | 1.08 | 0 | 3.51 | 0.05 | 450 | X |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Carbonara | 876.13 | 209.4 | 25.58 | 4.5 | 16.95 | 1.74 | 0 | 9.22 | 2.12 | 490 | X |  | X |  | X | X | X | X | X | X |  | x |  |  |
| Amatriciana | 625.32 | 149.46 | 18.22 | 3.19 | 14.54 | 2.47 | 0 | 6.63 | 1.67 | 500 | X |  |  |  |  | X | X | X | X | X |  | X |  |  |
| Penne al Q Formaggi | 1041.43 | 248.91 | 14.39 | 7.24 | 18.48 | 1.81 | 0 | 11.24 | 0.7 | 425 | X |  | X |  | X | X | X |  |  |  |  |  |  |  |
| Penne al Tonno | 451.65 | 107.95 | 1.74 | 0.34 | 15.73 | 2.6 | 0 | 6.21 | 0.93 | 450 | X |  |  | X |  | X |  |  |  |  |  | X |  |  |
| Pollo e gorgonzola | 785.78 | 187.81 | 9.9 | 5.51 | 15.42 | 1.73 | 0 | 8.2 | 1.17 | 500 | X |  |  |  | X | X | X |  |  |  |  | X |  |  |
| Salmone e Funghi | 744.18 | 177.86 | 8.88 | 4.12 | 15.99 | 1.9 | 0 | 8.17 | 0.66 | 530 | X |  |  | X | X |  | X |  |  |  |  | X |  |  |
| Frutti di mare\* | 594.45 | 142.08 | 5.41 | 0.83 | 14.1 | 1.25 | 0 | 8.04 | 0.73 | 550 | X | X |  | X |  | X |  |  |  |  |  | X |  | X |
| Tortellini con carne | 787.08 | 188.12 | 11.03 | 2.61 | 14.59 | 1.42 | 0 | 7.43 | 0.63 | 500 | X |  | X |  |  | X | X |  | X | X |  |  |  |  |
| Torteloni formaggi | 923 | 220.6 | 13.57 | 6.63 | 15.02 | 1.66 | 0 | 9.84 | 0.65 | 480 | X |  | X |  | X |  | X |  |  | X |  |  |  |  |
| Torteloni ricotta e spinaci | 430.39 | 102.86 | 3.1 | 1.71 | 3.7 | 2.92 | 0 | 6.3 | 0.68 | 430 | X |  | X |  |  |  | X |  |  |  |  |  |  |  |
| Gnocchi al ragu | 622.72 | 148.83 | 7.31 | 2.06 | 15.78 | 0.98 | 0 | 4.54 | 0.84 | 550 | X |  | X |  |  |  | X |  | X |  |  |  |  |  |
| Lasagna Rossa | 806.13 | 192.67 | 12.99 | 5.83 | 7.63 | 1.85 | 0 | 10.65 | 0.65 | 550 | X |  | X |  |  | X | X |  | X | X |  |  |  |  |
| Lasagna Bianca | 817.32 | 195.34 | 12.08 | 6.53 | 8.09 | 1.95 | 0 | 12.76 | 0.65 | 550 | X |  | X |  | X | X | X |  |  | X |  |  |  |  |
| Timballo | 764.31 | 182.68 | 10.33 | 4.47 | 11.8 | 1.61 | 0 | 9.78 | 0.51 | 650 | X |  |  |  |  | X | X |  | X | X |  |  |  |  |
| TOPINGURI pizza si paste |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Tagliatelle | 1554 | 367 | 4 | 1 | 64,3 | 3 | 3 | 14 | 0,08 | 100 | x |  | x |  |  | x |  |  |  |  |  |  |  |  |
| Spaghetti integrale | 1466 | 347 | 2 | 0,5 | 64 | 3,5 | 8 | 13 | 0,01 | 100 | x |  |  |  |  | x |  |  |  |  |  |  |  |  |
| Penne integrale | 1466 | 347 | 2 | 0,5 | 64 | 3,5 | 8 | 13 | 0,01 | 100 | x |  |  |  |  | x |  |  |  |  |  |  |  |  |
| Spaghetti fara gluten | 1521 | 359 | 1,5 | 0,5 | 70,9 | 3,5 | 3 | 12,8 | 0,01 | 100 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Penne fara gluten | 359 | 1,5 | 0,5 | 70,9 | 70,9 | 3,5 | 3 | 12,8 | 0,01 | 100 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Sunca presata | 341 | 81 | 1,9 | 0,7 | 1,1 | 1,1 | 0 | 14,3 | 2,3 | 50 |  |  | x |  |  |  |  |  | x |  |  |  |  |  |
| Salam uscat | 1711 | 409 | 35.42 | 4.26 | 0.58 | 0.5 | 0 | 21.72 | 3.31 | 50 |  |  |  |  |  |  |  |  | x | x |  |  |  |  |
| Bacon | 992 | 238 | 16,8 | 5,9 | 0,7 | 0,5 | 0 | 20,9 | 1,9 | 50 |  |  |  |  |  |  |  |  | x | x |  |  |  |  |
| Ou | 598 | 143 | 9.5 | 3.1 | 0.7 | 0.7 | 0 | 12.6 | 0.01 | 1 |  |  | x |  |  |  |  |  |  |  |  |  |  |  |
| Rosii | 75 | 18 | 0.2 | 0 | 3.9 | 2.6 | 1 | 0.9 | 0.05 | 100 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Ardei gras | 159 | 38 | 0.4 | 0 | 7.3 | 4.2 | 2 | 1.3 | 0.04 | 30 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Masline | 548 | 131 | 10.7 | 1.4 | 6.3 | 2.2 | 0 | 0.8 | 2 | 15 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Ciuperci | 117 | 28 | 0.5 | 0.1 | 5 | 2.3 | 0 | 2.2 | 0.05 | 50 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Porumb | 372 | 89 | 2.4 | 0.5 | 12 | 4.9 | 0 | 2.9 | 0.45 | 30 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Mozzarella | 1184 | 283 | 20 | 13 | 0.1 | 0.1 | 0 | 25 | 1.4 | 100 |  |  |  |  |  |  | x |  |  |  |  |  |  |  |
| Parmigiano | 1665 | 398 | 29 | 18 | 0 | 0 | 0 | 38 | 1.5 | 50 |  |  |  |  |  |  | x |  |  |  |  |  |  |  |
| Gorgonzola | 1360 | 325 | 27 | 19 | 0.9 | 0.5 | 0 | 19 | 1.8 | 50 |  |  |  |  |  |  | x |  |  |  |  |  |  |  |
| Cascaval | 1623 | 388 | 29.5 | 21 | 0.1 | 0.1 | 0 | 30.5 | 0.8 | 50 |  |  |  |  |  |  | x |  |  |  |  |  |  |  |
| Piept pui | 554 | 132.4 | 3.6 | O | 2.4 | 0 | 0 | 22.6 | 0 | 100 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Salam picant | 1487 | 359 | 31 | 12 | 0,5 | 0,5 | 0 | 20 | 3,9 | 50 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Anghinare | 243 | 58 | 3.8 | 0.4 | 4.4 | 0.3 | 0 | 1.5 | 1.9 | 50 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Avocado | 669.44 | 160 | 14.7 | 0 | 8.5 | 0 | 0 | 2 | 0 | 100 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Lamaie | 117 | 28 | 0.3 | 0 | 9 | 2.5 | 3 | 1.1 | 0.02 | 100 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Prosciutto crudo | 928.85 | 222 | 12 | 4.5 | 1 | 1 | 0 | 27.5 | 5 | 50 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Somon fume\* | 866 | 207 | 16.78 | 4.6 | 1.76 | 0.1 | 0 | 19.34 | 2.57 | 50 |  |  |  | x |  |  |  |  |  |  |  |  |  |  |
| Ton | 841 | 201 | 11 | 1.8 | 0 | 0 | 0 | 25 | 1 | 100 |  |  |  | x |  |  |  |  |  |  |  |  |  |  |
| Anchoa | 478.6 | 114.4 | 3.2 | 1.85 | 4.6 | 0.8 | 0 | 16.8 | 16 | 50 |  |  |  | x |  |  |  |  |  |  |  |  |  | x |
| Creveti | 391 | 93.5 | 1.1 | 0.3 | 0 | 0 | 0 | 20.9 | 0.22 | 100 |  | x |  |  | x |  |  |  |  |  |  |  |  |  |
| Soici | 378 | 90.4 | 2 | 0.65 | 2.6 | 0.5 | 0 | 15.5 | 1.4 | 100 |  |  |  |  |  |  |  |  |  |  |  |  |  | x |
| Calamari  | 387 | 92 | 1.4 | 0 | 3.1 | 1 | 0 | 15.6 | 0 | 100 |  |  |  |  | x |  |  |  |  |  |  |  |  | x |
| Mix de salate | 105 | 25 | 0.66 | 0.08 | 3.65 | 2.05 | 1 | 2.58 | 0 | 50 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Mozzarella fresca | 1025 | 245 | 18.5 | 13 | 1.5 | 1.5 | 0 | 18 | 0.5 | 125 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| SALATE |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Insalata Caprese | 706.27 | 168.8 | 9.86 | 2.77 | 14.05 | 1.15 | 0 | 6.14 | 0.9 | 550 | X |  |  |  |  |  | X |  |  |  |  |  |  |  |
| Capriciosa Insalata | 749.31 | 179.09 | 10.59 | 1.3 | 15.41 | 1.63 | 0 | 5.41 | 1.27 | 550 | X |  | X |  |  |  |  |  | X | X |  |  |  |  |
|  D”Estate Insalata | 425.28 | 101.64 | 4.92 | 1.02 | 8.91 | 1.15 | 0 | 6.01 | 1.38 | 600 | X |  |  |  |  |  | X |  |  |  |  |  |  |  |
| Caesar Insalata | 640.8 | 153.16 | 9.7 | 1.27 | 10.13 | 1.7 | 0 | 7.52 | 1.5 | 500 | X |  | X | X |  |  | X |  |  | X |  |  |  |  |
| Greca insalata | 520.9 | 124.5 | 6.52 | 1.1 | 13.06 | 1.19 | 0 | 3.77 | 1.3 | 650 | X |  |  |  |  |  | X |  |  |  |  |  |  |  |
| Insalata Di Tonno | 667.87 | 159.63 | 8.52 | 0.63 | 15.39 | 1.41 | 0 | 5.91 | 1.06 | 550 | X |  |  | X |  |  |  |  |  |  |  |  |  |  |
| Bete cu usturoi | 1095.19 | 261.76 | 7.56 | 1.15 | 39.83 | 0.87 | 0 | 7.9 | 2.21 | 125 | X |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Bete cu oregano sm | 1103.31 | 263.7 | 7.68 | 1.18 | 40.06 | 1.07 | 0 | 7.94 | 2.23 | 125 | X |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Bete cu rozmarin sm | 1103.31 | 263.7 | 7.68 | 1.18 | 40.06 | 1.07 | 0 | 7.94 | 2.23 | 125 | X |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Focaccia cu rozmarin | 1075.69 | 257.1 | 6.62 | 1.04 | 40.62 | 0.97 | 0 | 8.04 | 2.02 | 300 | X |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Focaccia cu oregano | 1075.69 | 257.1 | 6.62 | 1.04 | 40.62 | 0.97 | 0 | 8.04 | 2.02 | 300 | X |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Focaccia parmigiano | 1103.97 | 263.86 | 7.7 | 1.86 | 38.56 | 0.82 | 0 | 9.53 | 2 | 300 | X |  |  |  |  |  | X |  |  |  |  |  |  |  |
| Focaccia usturoi pesto | 1248.83 | 298.48 | 15.69 | 4.12 | 28.16 | 1.21 | 0 | 10.58 | 1.92 | 170 | X |  |  |  |  |  | X | X |  |  |  |  |  |  |
| \*Contine produs congelat |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Valorile afisate sunt rezultatele per 100g de produs effectuate prin calcul conform regulamentulei 1169/2011 art.31 date publicate sip use la dispozitie. Unele produse Pizza Charlie nu sunt prezente in acest table de valori, in special cele de sezon, nou promovate sau preparate din combinatii de ingredient sau produse la cererea clientului (configurate la cerere). Valorile nutritionale pot prezenta mici variatii in functie de sezon sau alti factori, putand suporta modificari fara o instiintare prealabila. Informatii actualizate la data de 15.03.2023 in conformitate cu ordinul ANPC 201/2022 |